



# LOURDES

## Institute of Wholistic Studies

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[www.LourdesInstitute.org](http://www.LourdesInstitute.org)

### Yoga Teacher Training Certification

200 Hours

**\$257.00 deposit due within 10 days of acceptance**

Spring Semester	Hours
Anatomy & Physiology	20

**(No payments necessary)**

Summer Semester	Hours
The Science of Ayurveda	15

**(1 payments of \$203.00- June)**

Fall Semester	Hours
Techniques and Teaching Methodology - Level 1	16
Techniques and Teaching Methodology - Level 2	16
Techniques and Teaching Methodology - Level 3	16
Techniques and Teaching Methodology - Level 4	16

**(4 payments of \$217.00 - Sept, Oct, Nov, Dec)**

Spring Semester	Hours
Techniques and Teaching Methodology - Level 5	15
Techniques and Teaching Methodology - Level 6	15
Techniques and Teaching Methodology - Level 7	15
Techniques and Teaching Methodology - Level 8	15
Techniques and Teaching Methodology - Level 9	15
Techniques and Teaching Methodology - Level 10	15
Student Practicum	11

**(4 payments of \$325.50 - Feb, Mar, April, May)**

**Total Cost for Program**

**\$2,630**

Updated: 4/2017